

Issues that affect participation in Sport

<u>Different user groups who may participate in sport</u>

- Ethnic Minorities
- Retired people / over 50
- Families with young children
- Single parents
- Children
- Teenagers
- Disabled
- Unemployed

Possible barriers that affect participation in sport

- Employment not much free time available
- Work restrictions e.g. Women still seen as bringing up the family and not being involved within sport
- Disposable income cannot afford participation costs
- Accessibility of facilities / equipment transport not available
- Lack of role models e.g. lack of female role models
- Provision of activities e.g. limited activities on offer which do not meet the requirements of the participant



Solutions to the barriers

Provision

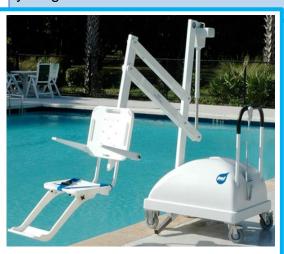
- . Programming sessions for use by different user groups e.g. sessions for wheelchair users
- . Providing appropriate activity options for the demands of specific
- . Planning of times to suit different user groups e.g. for parents with young children, mid-morning after the school run.

Promotion

- . Targeted promotion e.g. advertising in appropriate places to increase visibility to different user groups
- . Using role models to encourage participation among different user groups
- . initiatives aimed at promoting participation and inclusion e.g. free swimming for under 16's and over-60's

Access

- . Access to facilities e.g. provision of transport in rural areas, ramps for wheelchair access to buildings
- . Access to equipment
- . Sensible pricing e.g. reduction of charges for unemployed or young children



Different Leadership Styles:

Factors which can impact upon the popularity of sport in the UK

- Participation e.g. football has wide spread mass participation due to strong infrastructure being in place
- Provision e.g. Tennis lacks easily accessible courts impacting on base level participation
- Environment / climate e.g. regular involvement in snow sports as participants requires frequent trips abroad
- Spectatorship e.g. live professional rugby matches
- Media coverage e.g. BBC has sole coverage of Wimbledon. Other sports such as Cricket not available on free TV
- Success for both teams and individuals e.g. Sir Chris Hoy's success at the Olympics has increased participation in cycling
- Role model e.g. lack of role models for particular groups in particular sports, such as British Asian footballers



SAINTS PETER AND PAUL CATHOLIC HIGH SCHOOL

Values which can be promoted through sport:

- Team spirit e.g. learning how to work together and support others by playing as part of a team).
- Fair play e.g. learning the importance of adhering to rules and being fair to others through playing sport
- Citizenship e.g. getting involved in your local community through sport
- Tolerance and respect e.g. developing an understanding of different countries and cultures through sport.
- Inclusion e.g.- initiatives to get under-represented social groups involved in sport.
- National pride e.g. supporters and performers unite behind country in international events
- Excellence e.g. striving to be the best that you can be in your sport



The importance of etiquette and sporting behaviour of both performers and spectators

- Reasons for observing etiquette and sporting behaviour (e.g. fairness, promoting values, safety of participants)
- Sportsmanship (e.g. footballer giving the ball back to the opposition when they have kicked it out when an injury occurs).
- Gamesmanship (time wasting if your winning or diving in football in order to gain an unfair advantage)
- Spectator etiquette (e.g. quiet during rallies at Wimbledon, quiet during play in snooker and quiet during the playing of the national anthem)
- Sports initiatives to break down the barriers (e.g. Kick Racism Out of Football).



The use of performance-enhancing drugs in sport

- Pressure to succeed as an individual, pressure to succeed as a nation
- Reasons against use (e.g. long-term ill health, consequence when found guilty, unfair advantage).
- Current initiatives (e.g. sanctions
- Drug offences by elite performers (e.g. Dwain Chambers).
- Impact of drug taking on the reputation of the sport (e.g. mistrust of results such as Tour De France).
- Ethical issues related to drug taking (e.g. should there be a distinction between the use of performance enhancing drugs and recreational drugs?).



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The features of Major Sporting Events

- Regularity / Scheduling (Hosting the Olympic games that will happen only once in any given country).
- Regular and recurring (e.g. hosting a Formula 1 Grand Prix would be annual and is normally contracted for a period of years to the host country / city).
- International element (e.g. involves supporters from a range of countries merging together to watch a competition such as the FIFA World Cup
- Level of investment e.g. required / that may be attracted
- Potential legacy e.g. sporting / social / economic



The potential benefits of cities / countries hosting major sporting events

- Investment in developing / improving transport system
- Increased direct and indirect tourism
- Commercial benefits (e.g. money from sponsors, external investment which would not otherwise have been attended)
- Participation may increase in some sports
- Infrastructure / social facilities built can be used by people who live in the area where the events have been held
- Sports facilities will be improved or new facilities built
- Raise the status of the country



The drawbacks of cities / countries hosting major sporting events

- Bidding to host can be expensive and you may not be awarded the event
- Event can cost hosts more than it raises in revenue
- Facilities can end up not being used after the event if not planned properly
- Can have negative impact on the status of the country if event runs poorly and is disorganised
- While hosting the event will help to promote one area of sport, others may suffer as a consequence
- Can cause divisions in the country



SAINTS PETER AND PAUL CATHOLIC HIGH SCHOOL

What National Governing bodies in sport do

Promotion

- Promoting participation e.g. equal opportunities policies
- Increasing the popularity of the sport e.g. schemes for schools
- Exposure in the media e.g. press releases

Development

- Elite training and development
- Coaching awards e.g. England Netball UK Coaching Certificate coaching awards from level 1 upwards
- Training of the officials



What National Governing bodies in sport do

Infrastructure

- Competitions and tournaments e.g. Basketball England organise national competitions for over 500 teams from senior to under-13 level
- Providing guidelines, support and insurance to members
- Assist with facility developments

Polices and Initiatives

- Anti-doping policies
- Promoting etiquette and fair play e.g. The Football Association's 'Respect' campaign
- Information and guidance on safeguarding



What National Governing bodies in sport do

Funding

The distribution of funds, for example:

- Grants
- Government
- Membership
- Match fees
- Income from media / sponsorship / advertising
- Merchandising
- Admission charges

Support

- Providing technical advice e.g. England Hockey provide information about playing surfaces
- Providing location and contact details for local clubs e.g. how to get started in sport etc

