



Response to internal and external change

Controls in the human body	Blood glucose concentration	These automatic control systems may involve nervous responses or chemical responses.
	Body temperature	
	Water levels	

The regulation of internal conditions of a cell or organism to maintain optimum conditions for function.

Homeostasis maintains optimal conditions for enzyme action and all cell functions.

Homeostasis

Water and nitrogen balance (Biology only)

(HT only) digestion of proteins results in excess amino acids. In the liver they are de-aminated to form toxic ammonia which is converted to urea

If body cells lose or gain too much water by osmosis they do no function efficiently.	Uncontrolled water/ion/urea loss	Water exhaled in lungs, water, ions and urea in sweat.
	Controlled water/ion/urea loss	Via the kidneys in urine.

Kidney failure is treated by organ transplant or dialysis.

Kidney function	Maintain water balance of the body.	Produce urine by filtration of the blood and selective reabsorption of glucose, ions and water.
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A dialysis machine removes urea from the blood by diffusion while maintaining ion and glucose levels.

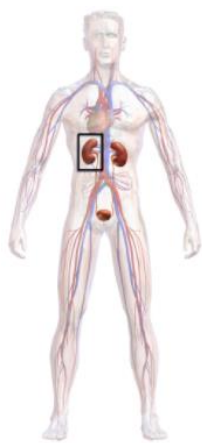
(HT only) ADH	Acts on kidney tubules to control water levels.	Released by pituitary gland when blood is too concentrated. Water is reabsorbed back into the blood from the kidney tubules (NEGATIVE FEEDBACK) .
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Thermoregulatory centre (hypothalamus)

Control of body temperature (Biology only)

AQA GCSE HOMEOSTASIS AND RESPONSE PART 2



Control of blood glucose concentration

Negative feedback (HT only)	Adrenaline	Produced in adrenal glands, increases breathing/heart rate, blood flow to muscles, conversion glycogen to glucose. Prepares body for 'fight or flight'.
	Thyroxine	Produced in the thyroid gland, stimulates the basal metabolic rate. Important in growth and development.

Increasing thyroxine levels prevent the release of thyroid stimulating hormone which stops the release of thyroxine.

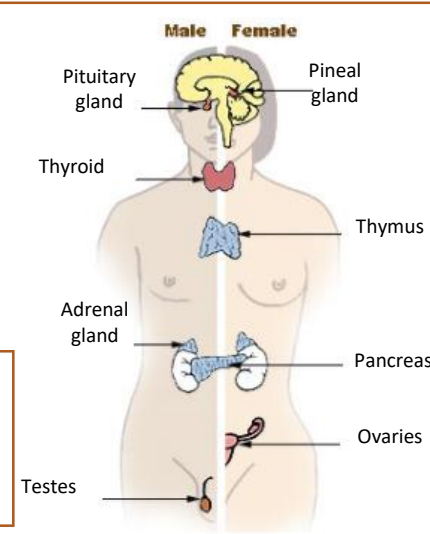
Monitoring body temperature	Thermoregulatory centre	Contains receptors sensitive to the temperature of the blood.
	Skin	Contains temperature receptors, sends nervous impulses to the thermoregulatory centre.

Body temperature	Too high	Blood vessels dilate (vasodilation), sweat produced from sweat glands.
	Too low	Blood vessels constrict (vasoconstriction), sweating stops, muscles contract (shivering).

(HT) Thermal energy is lost from blood near the surface of the skin, sweat evaporates transferring thermal energy.

(HT) Thermal energy loss at the surface of the skin is reduced, respiring muscles cells transfer chemical to thermal energy.

Human endocrine system



Endocrine system	Composed of glands which secrete chemicals called hormones directly into the bloodstream.	The blood carries the hormone to a target organ where it produces an effect. Compared to the nervous system effects are slower but act for longer.
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Pituitary gland	'Master gland'; secretes several hormones into the blood	Stimulates other glands to produce hormones to bring about effects.
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Blood glucose concentration	
Monitored and controlled by the pancreas	
Too high	(HT only) Too low
Pancreas produces the hormone insulin, glucose moves from the blood into the cells. In liver and muscle cells excess glucose is converted to glycogen for storage.	Pancreas produces the hormone glucagon that causes glycogen to be converted into glucose and released into the blood.

(HT) Rising glucose levels inhibit the release of glucagon in a negative feedback system. Insulin is released to reduce glucose levels and which cause the pancreas to release glucagon

Diabetes	
Type 1	Type 2
Pancreas fails to produce sufficient insulin leading to uncontrolled blood glucose levels. Normally treated by insulin injection.	Obesity is a risk factor. Body cells no longer respond to insulin. Common treatments include changing diet and increasing exercise.